



Killin 10K, 5K and Fun Run
Saturday 23rd August 2025

Event Information

Dear Participant,

Many thanks for entering the Killin 10K, 5K and Fun Run on Saturday 23rd August 2025. All the information about the event can be found on the pages below. If the answer to your question is not here please email events@tayfitness.com. Please pay particular attention to the information in **RED**. We look forward to seeing you on the day,

Tay Fitness Events

Program Of Events

9am	Information desk opens at McLaren Hall. You can also pick up your event t-shirt (if pre-ordered) and make a Late Entry (if available). Fun run entry will be available. IF YOU DO NOT NEED TO MAKE A LATE ENTRY OR BUY A T-SHIRT, THERE IS NO NEED TO COME TO THE INFORMATION DESK.
11.45am	Registration desk closes
11.55am	Race safety briefing at start location
12pm	10K & 5K race starts
12.10pm	(approx.) 1K fun run starts
12.20pm	First 5K finisher expected
12.35pm	First 10K finisher expected
2pm	(approx.) Prizegiving in McLaren Hall

Race Registration

You should have received your number/timing chip in the post. If you have, there is NO NEED to come to registration, just show up at the start line ready to run!

Late entries for remaining 10K and 5K places (if available) and for the fun run can register on the day and collect their race number between 9am and 11.45am.

Safety Briefing

There will be a short safety briefing just prior to the race commencing at 11.55am. Please ensure you are at the start line on time to hear the briefing. The 10K & 5K races start at 12pm.

On the Day Facilities

On the day facilities (available for all participants, family and friends to use) are as follows:





- Breadalbane Park – Portaloo Toilets, First Aid Tent
- McLaren Hall (Event HQ) – Male Toilets, Female Toilets, Disabled Toilets
- Sports Pavilion (to the right of the McLaren Hall) – Male Changing Rooms, Male Toilets, Female Changing Rooms, Female Toilets, Disabled Toilets.
- Station Road Public Car Park - Male and Female Toilets

Baggage Drop

There will be a bag drop in the park. Please look out for the signs!

Directions to Killin

From Edinburgh and Glasgow (The South and West) - Follow directions towards Stirling, leaving the M9 at Junction 10. At the roundabout take the 2nd exit for Crianlarich (A84). Follow this road for approximately 1 hour. You will pass through Doune, Callander, Strathyre and Lochearnhead. Drive through Lochearnhead up Glenogle (A85) and over the other side of the hill. Killin is signposted as you come down the hill, take a right turn onto A827 and follow the road for 3 miles. As you enter Killin you will see the start area on your right. KEEP GOING into the village, crossing the Dochart bridge and follow signs for the event car park.

From Perth and Aberdeen (The East and North) – Follow directions for Crianlarich (A85) from Perth. You will pass through Crieff, Comrie and St Fillans. When you get to Lochearnhead turn right. Drive up Glenogle and over the other side of the hill. Killin is signposted as you come down the hill, take a right turn onto A827 and follow the road for 3 miles. As you enter Killin you will see the start area on your right. KEEP GOING into the village, crossing the Dochart bridge and follow signs for the event car park.

Directions to McLaren Hall (Event HQ)

From A85 and A827 - As you drive into the village you will pass a Co-op supermarket on your left, the hall is just after this on your left. Car parking is located at the junction on your right just before the hall. If you have driven a different route to Killin you may approach the village from the North Loch Tay Road. If so, as you enter the village you will pass the Killin Hotel on your left and the sports pavilion on your right. The hall is just after the pavilion on your right.

Car Parking

Car parking for the event is in a field close to the event HQ. There will be signs displayed in the village and there will be marshals on hand to give you directions. The car park is located close to the McLaren Hall – take the junction on your right opposite the hall and follow the signs.

Event Start

The start location is in Breadalbane Park, where the race also finishes. It is directly behind the McLaren Hall and easy to find! The safety briefing is at 11.55am and the 10K & 5K race starts at





12pm. The fun run will start just after the 10K race at 12.10pm approx. The fun run route is entirely within Breadalbane Park on paths.

Event Finish

As you finish the event you will run through the finishing funnel and towards the finish gantry. You will then receive your medal. Then make your way back towards the McLaren Hall for a well-earned rest, soup & sandwich.

Fun Run

The fun run is open to people of all ages. Children under the age of 5 must be accompanied by an adult, those over aged 5 can run by themselves at their parents discretion. The fun run will start just after the 10K at approximately 12.05pm. All runners will receive their medal and a bottle of water when they finish. ALL children must be collected by an adult at this point. **Please do not leave your child unsupervised while you run in the 10K, there are not enough marshals available to look after any children.**

Event Catering

In the McLaren Hall (Event HQ) there will be stalls selling Soup and Sandwiches, Tea, Coffee and Home Baking. All proceeds of this is donated to Cancer Research and the Teenage Cancer Trust.

Prizes

10K Prizes will be awarded to: Top 3 men and women in the 10K and category winners as follows: 1st Junior male and female (15-18), 1st Open male and female (19-39), 1st veteran male and female (40-49), 1st Super-Vet male and female (50+), 1st Super-super-Vet male and female (60+), Fastest Local male and female (FK19, FK20, FK21 residents qualify). 5K prizes: 1st Male and Female. There are no 5K category prizes.

Medical Cover and First Aid

The safety of our participants is paramount. There will be highly qualified medics from Artemis Outdoors and Killin Mountain Rescue Team members available throughout the day. If you feel you require any medical care – before, during or after the event – please contact an event marshal. The First Aid tent is located at the start/finish line in Breadalbane Park.

Medical Conditions

All competitors must complete the back of their race numbers with relevant medical conditions and next of kin information. If you have any type of medical condition or are currently taking any type of medication please write a large 'MC' on the front of your race number. You must wear your participant number at all times during the event.





Marshals

Around the course and at the start and finish there are a number of event marshals (wearing blue bibs). If you have any questions or queries please ask and they will be able to help you or can direct you to someone who can. We will have a 'Covid Marshal' reminding the event team and participants of their precautions that can be taken in order to limit transmission of Covid-19.

Water stops

There will be 3 water stops around the 10K course. These will be located at approx the 2.75Km, 5.75Km and 9Km marks. There is 1 water stop on the 5K route at 2.4Km. There will be volunteers, wearing protective gloves, to give out cups of water. Please dispose of your cups at the tables or by the side of the road so they can be easily collected. To limit the transmission of Covid-19 there will be no sweets and treats at the water stops this year.

Distance markers and turn point

Big blue or yellow distance marker signs will be around the course every KM to help you judge your pace and so you know how far you have left to run, you can't miss them! At the far end of both courses there is a turn point. Run round the cone and back down the course, there will be marshals there to guide you if required.

Electronic Timing and Results

Electronic Chip Timing is being provided by Perfect Timing Scotland. The race numbers contain a disposable timing chip, which will record your time so it is important you don't swap numbers with anyone. This will enable all runners to receive an accurate finish time. You will receive an email after the event when the results are available online.

Photography

There will be an official event start/finish photographer present at the event to photograph all competitors along with several 'roving' photographers. You will receive an email when these photos are available to view online.

Medical Conditions: If you have any conditions or are currently taking medication please write a large 'MC' on the front of your number and complete the details on the back.

Golden Number: If your race number has a GOLD band behind it, you're in luck as you've won a prize from quirkychocolate.com, which you'll be able to collect on the day!

Finally...

There are a large number of people who are helping out with the event on the day and have volunteered their time to help make the event a success. Please give these people a smile and a 'thank you' as you run past!

